



See page 3 for story on domestic violence and starting over.

News in Brief

The State Employees Charitable Campaign winners of season passes to the AC Theatre are:

Robert Ferrell
Richard Chelf
Yvette Lawler
Julie Ashby
Bruce McGinnis
Renee Vincent

The Bookstore Winner of a semester of free tuition is Jennifer Langford, a physical education major.

Classified and Administrator Pinning Ceremony will be at 2 p.m. Tuesday in the CUB. Below are the 16 faculty and staff members who will be pinned for service to AC.

5 years
Deborah Brown
Perry Pletcher
Karen Schmidt
Joel Goucher
Anita Prescott
Laurie Hale
Sylvia Benavidez
10 years
Martin Birkenfeld
Charles Hendrick
Dale Longbine
Diana Mills
Donna Salter
15 years
Britt Sosebee
Molly Cameron
20 years
Kim Davis
Felix Blea

The Labor Auction for the SECC as of Wednesday raised a total of \$540.

The Ranger Regrets

In a soccer photo on page 5 of the Oct. 11 issue of *The Ranger*, the name of Carlos Hood was misspelled.

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Library project to start next month

By JONI MAXWELL
The Ranger Reporter

Construction of the 15,536-square-foot Northwest Library on the West Campus is expected to begin in November after the Amarillo City Commission issued bids on the facility last week.

"We received the plans about a week and a half ago," Bruce Cotgreave, director of the Amarillo College physical plant, said last week.

The bid date had been postponed as a result of deliberation over the floor plan between AC and Wilson Doche Architects.

"They had to wait on us to finish the

plans," said Jim Wilson, a partner at WD Architects. "Sometimes it takes longer."

Members of the board of regents did not want to have a building adjacent to a street like Parcels Hall and Carter Fitness Center.

The disagreement with the city lengthened the process. Another factor was that general contractors interested in the undertaking first have to decide what materials to use and how to meet specifications at the lowest cost.



ready an estimated 300 days from ground-breaking.

The library will be east of the A building on the West Campus, replacing an empty lot.

The road between the open lot and the A building will be removed and redirected to the

"It was supposed to start this month, but we should be in the library by next fall," said Karen Ruddy, director of the Amarillo College Library Network.

A new, single-floor library will be north. "We've been working on the plan since late spring," Wilson said. "Finalizing the design and getting it to the contractors."

The Northwest branch will have a classroom, children's reading section, audio-video and computer rooms, meeting room and a 2,416-square-foot adult reading area. The school will set aside 1,600 square feet that will be reserved for AC students.

The new library is a project of the Amarillo Public Library system, and funding is provided by the city.

In a bond election on Oct. 12, 1999, taxpayers voted by 60 percent to 40 percent to improve the Amarillo parks system and the

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Ryan Riley/ The Ranger

Carlene Trapp, a nursing major, gives Deborah Mjohus, a pending major, a flu shot Monday in the College Union Building on the

Washington Street Campus. The Student Nurse Association gives flu shots each year at all the campuses.

SNA helps students to prevent winter flu

By JORDAN BAILEY
The Ranger Online Reporter

"Is it going to hurt?" said Hannah Froschheiser, an elementary education major. The nurse laughed it off and continued with the shot. Froschheiser's arm stiffened up and she squinted her eyes as she waited for the injection.

The Amarillo College Student Nurse Association offered flu shots Monday through Wednesday to employees, their families and students.

"We gave about 70 shots already," said Carlene Trapp, a nursing student who contributed her time to help give the injections.

"Seventy shots in two hours is pretty good," said Dr. Richard Pullen, a registered nurse and nursing professor.

The shots were offered for \$13.75 to faculty and students.

Pullen said the main focus of the event is community service.

"Our mission is to be involved

in the community to provide a service for our faculty, staff and students," he said.

It is the fifth year the SNA has offered the service.

"We have done this yearly now since '97," Pullen said.

There is a common misconception that some people get the flu virus from the vaccination.

"A person cannot get the flu from the vaccine," Pullen said.

He said 20 percent of those vaccinated may feel slightly sick after the shot.

"The vaccine is very effective in preventing the flu," he said.

AC student Blake Acton said, "I heard about the flu shots from a friend, but I'm not going to get one from AC." Acton said he probably would get one from a family physician.

AC student Tyler Havins said he had not heard about the flu shots and that he would not get one this year.

contributions by Ryan Riley

AC teams up, raises money for annual diabetes walk

By JONI MAXWELL
The Ranger Reporter

More than 550 walkers are expected to participate in America's Walk for Diabetes at 10:30 a.m. Saturday at the Botanical Gardens in Medi-Park.

Registration for the walk will begin at 9:15 a.m. for both the one-mile fun run and the 6K walk.

By Wednesday, 43 people were part of the AC team, and they had raised \$1,000 for the walk.

Diabetes occurs in every age group, and Leslie Priest's 14-year-old son is living proof.

"I was so afraid I wouldn't be able to handle it," said Priest, a pre-pharmacy major.

"It was much more difficult than I ever expected."

It has been a year since her son was diagnosed with Type I diabetes, and during that time he has had three hospital stays, two of which were potentially fatal, Priest said.

"Having people around that you can talk to and get support from is very important," she said.

"They are gathering funds to hopefully find a cure," said Debbie Webb, a cashier in the business office, a co-organizer of the walk and a diabetic.

Instead of having individual sponsorship, team walkers pay a \$100 minimum donation fee.

Food and music will be provided for walkers, and awards will be given to the first-place team and top fund raisers.

Two tickets to anywhere Southwest Airlines flies will be given to the top fund-raising individuals.

Almost 17 million people in the United States have diabetes, and 800,000 new diagnoses will be made in the following year.

"This is a disease of the American diet," Webb said.

"It's almost an epidemic."

According to www.diabetes.org, diabetes is a disease in which the body does not properly produce or use insulin, the hormone needed to break down sugars and starches into fuel.

It exists in two forms: Type I and Type II diabetes. Type I results from the body's inability to make insulin, therefore requiring injections to counterbalance food intake.

Type II is insulin resistant; either there is not enough or it is not used correctly. Type II diabetics do

not use synthetic insulin.

About 14.3 million more people with diabetes have Type II, but both forms can cause complications.

The complications vary from heart disease, stroke, kidney disease, blindness, nerve damage and severe infections that could lead to amputation, according to www.diabetes.org.

About 5 million people don't know they have the disease.

"I had a sugar addiction," said Webb, who was diagnosed three years ago.

Webb said she knew from her diet and native American heritage that she was at risk.

Diabetes is the result of poor, high-sugar diet and obesity, but ethnic groups are at a greater hazard. Now Webb must check her blood sugar three or four times a day and adhere to a strict dietary regimen.

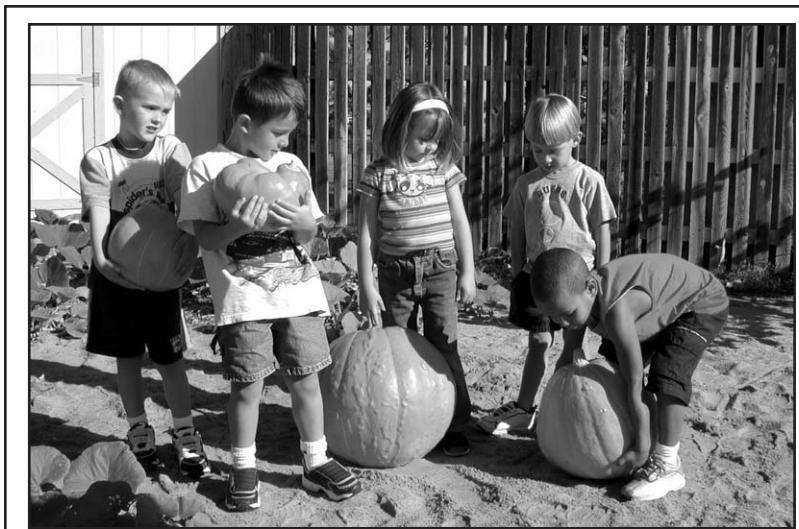
"This is a living disease," she said.

The American Diabetes Association is the leading volunteer health organization for diabetes research and public education.

It also serves as a clearinghouse for information, community awareness campaigns and other advocacy programs.

"Eighty percent of every dollar raised during the walk will benefit diabetes research, prevention, information and advocacy,"

www.diabetes.org



courtesy photo

Duncan Chew, left, Mitchell Howard, Morgan Key, Davis Stewart and Quintin Mowery pick pumpkins from the garden at the Childcare Center on the West Campus. The children grew the pumpkins from seed.

SGA lecture to feature real-life 'Indiana Jones'

By KENNETH MALONE
The Ranger Online Reporter

The Fall Distinguished Lecture sponsored by the Student Government Association will present world renowned paleoanthropologist, discoverer, activist and conservationist Dr. Richard Leakey of Kenya.

He will speak Nov. 7 at the Amarillo Civic Center Grand Plaza.

"Dr. Leakey is an equivalent modern-day Indiana Jones, and he will be in the United States for one month," said SGA President Beth Wilhite.

"We are lucky that he accepted our invitation to speak."

Time magazine included Leakey in its "Great Scientists and Thinkers of the Century" in 2000 for his theories on the evolution of humans and other species and his

discoveries of fossils related to species Australopithecines near Lake Turkana in Africa.

"Dr. Leakey's activities include being a political activist, which gained him an appointment by the president of Kenya in 1989 to help stop the illegal ivory trade," Wilhite said.

"He survived an airplane crash in which both his legs were lost, and yet he continues to carry on his work."

The Distinguished Lecture Series has brought guests such as Barry Scheck, Rubin "Hurricane" Carter, Oliver Stone, Sam Donaldson, James Earl Jones and Dan Quayle.

"We have never done anyone like him, and we thought everyone would enjoy him," said Sara Cayton, SGA programming chairwoman.